



VIDYA BAL BHAWAN SR. SEC. SCHOOL

(Recognised & affiliated to C.B.S.E.)

Saptarshi Raj Path, Mayur Vihar-III, Delhi-110096

Help line: 8595343139, 7303012080, 7290909901, E-mail: vidyabalbhawan@gmail.com

Ref No.: VBBSSS/26-27

Dated: 24.07.2026

Parent Counselling & Guidance Session for Class III Parents

Vidya Bal Bhawan Sr. Sec. School organized a **Parent Counselling and Guidance Session** for the parents of Class III students under the guidance of the Principal, **Dr. S. V. Sharma**. The session aimed to strengthen the partnership between parents and the school in nurturing children with strong values, discipline, confidence, and academic excellence.

During the interactive session, Dr. Sharma emphasized that parents are the first teachers of a child, and the foundation of a child's personality is laid at home. He encouraged parents to spend quality time with their children every day, listen to them patiently, appreciate their efforts, and maintain regular communication with the school.

Sharing an important message on family values, Dr. Sharma advised parents that during the **summer vacation**, they should take their children to their **native village (home town)** or **maternal grandparents' home (Nani's house)** whenever possible.



He explained that such visits help children understand their roots, family traditions, cultural heritage, and the importance of respecting elders. Children learn values such as love, compassion, cooperation, simplicity, and responsibility by spending time with grandparents and extended family members. He remarked, **"If we want to give our children strong values (Sanskar), we must connect them with their family traditions, culture, and elders. Modern education and technology are important, but they should always be accompanied by moral values and strong family bonding."** The Principal also advised parents to:

- Encourage daily reading habits.
- Limit unnecessary mobile phone and screen time.
- Develop discipline and regular study routines at home.
- Promote outdoor games and physical activities.
- Appreciate children's efforts rather than focusing only on marks.
- Teach children to respect parents, teachers, elders, and the environment.
- Create a positive and stress-free home environment where children feel safe to express themselves.

Parents actively participated in the counselling session, shared their experiences, and appreciated the practical guidance provided by the Principal. They expressed their commitment to working closely with the school for the overall development of their children. The session concluded with a vote of thanks, reaffirming the school's commitment to nurturing not only academically competent students but also responsible, disciplined, and value-based citizens.

"Together, parents and teachers can shape a child's future by providing the right guidance, values, and opportunities for holistic development."

VICE - PRINCIPAL